

2023 Fripp Island Fourth of July 5k

Age Group Results

Place	Overall	Bib	Name	Age	Time
5k					
Female 13 & Under					
1.	6.	143	Dunst, Emily	11	21:13.24
2.	73.	245	Borden, Edy	1	29:37.22
3.	75.	140	DiBendetto, Rose	7	29:37.97
4.	80.	189	Rindfuss, Haleigh	9	30:03.85
5.	83.	244	Rogers, Graclyn	13	30:12.05
6.	130.	294	Moosher, Harper	13	37:44.87
7.	131.	139	DiBendetto, Allyson	10	37:46.59
8.	133.	230	Conyers, Addison	10	37:58.49
9.	135.	123	Cotter, Kathryn	11	38:27.81
10.	147.	293	Lanter, Campbell	12	42:26.06
11.	156.	298	Geiger, Kayla	11	46:07.41
12.	161.	112	Bradley, Whitney	12	48:17.40
Female 14-19					
1.	40.	262	Watson, Cece	15	26:03.19
2.	59.	273	Campbell, Evelyn	16	27:57.50
3.	64.	254	Weaver, Claire	16	29:10.15
4.	74.	276	Campbell, Liz	14	29:37.62
5.	79.	257	Barnett, Lucy	14	30:00.78
6.	93.	145	Frank, Caroline	18	31:08.56
7.	97.	246	Borden, Robin	19	31:22.86
8.	103.	258	Staffuy, Eliane	14	32:51.55
9.	104.	256	Barnett, Caleigh	14	32:51.59
10.	118.	274	Blasier, Audrey	16	35:52.75
11.	154.	119	Clamico, Sophia	16	45:33.98
12.	155.	197	Sorles, Lawson	15	45:34.66
Female 20-34					
1.	11.	275	Campbell, Lucy	20	22:00.70
2.	25.	172	Marcie, Ashleigh	33	24:46.36
3.	27.	215	Valerio, Meghan	32	25:06.35
4.	29.	219	Watson, Tara	31	25:14.44
5.	39.	236	Evans, Janea	30	26:02.84
6.	41.	279	Mocek, Alexis	22	26:22.81
7.	45.	238	Willis, Rachel	28	26:54.03
8.	57.	105	Baker, Bailey	34	27:54.10
9.	60.	277	Jais, Lucy	20	27:57.52
10.	67.	174	Matthews, Sage	31	29:27.05
11.	86.	196	Sikes, Chloe	33	30:17.75
12.	92.	131	DiBendetto, Anna	30	31:01.86
13.	94.	188	Reese, Blanche	31	31:08.61
14.	95.	183	Naron, Naayan	20	31:13.11
15.	96.	251	Dove, Jamie	32	31:19.88
16.	112.	242	van Niekerk, Kira	25	34:03.32
17.	114.	161	Itales, Dara	26	34:49.84

2023 Fripp Island Fourth of July 5k

Age Group Results

Place	Overall	Bib	Name	Age	Time
18.	120.	225	Magill, Paige	20	36:06.65
19.	122.	286	Winslette, Kathleen	25	36:40.56
20.	127.	156	Hilman, Brittany	31	37:16.14
21.	128.	285	Winslette, Liv	21	37:26.03
22.	143.	107	Bianchi, Ashton	29	40:21.86
23.	152.	146	Godbold, Brittani	28	44:06.04
24.	160.	110	Bour, Jenna	25	47:57.47
25.	164.	152	Hill, Aubrey	23	49:19.88
26.	166.	102	Adams, Alexander	32	50:20.32
27.	175.	282	Stevens, McKensie	30	52:36.59

Female 35-49

1.	16.	269	Edwards, Ashley	39	23:05.65
2.	17.	150	Guillory, Emily	37	23:10.78
3.	35.	124	Coxville, Danielle	40	25:48.82
4.	43.	159	Horton, Codie	35	26:34.95
5.	46.	268	Gresham, Allison	41	27:00.66
6.	47.	235	Bradford, Jenni	38	27:00.82
7.	52.	178	Monsson, Jessie	35	27:33.87
8.	54.	165	Kasak, Christina	35	27:43.57
9.	61.	168	Lensing, Megan	35	28:31.36
10.	66.	169	Lin, Jennifer	47	29:26.65
11.	68.	261	Watson, Alyson	49	29:27.05
12.	78.	136	DiBenedetto, Jenny	45	29:44.40
13.	82.	190	Saunier, Jennifer	40	30:09.12
14.	91.	271	Hinson, Lisa	37	31:00.85
15.	113.	127	Cross, Meredith	41	34:48.50
16.	121.	111	Bradley, Amber	36	36:37.96
17.	123.	120	Clevenger, Ashley	36	36:44.29
18.	124.	226	Fouast, Sara	37	36:56.80
19.	139.	122	Cotter, Natalie	45	39:06.09
20.	140.	176	Monice, Meridith	39	39:28.52
21.	141.	198	Thome, Mandy	49	40:12.88
22.	145.	291	Lanter, Elizabeth	41	41:43.97
23.	149.	221	Wilson, Katie	37	43:22.83
24.	151.	134	Dibenedetto, Caroline	44	43:29.39
25.	170.	288	Finch, Roshan	47	51:12.96
26.	172.	151	Guinn, Katie	38	52:29.98
27.	176.	193	Schwenning, Joanna	49	52:48.85

Female 50-65

1.	53.	278	Mocek, Joyce	58	27:40.32
2.	77.	222	Lackman, Janie	52	29:43.95
3.	84.	247	Borden, Marianne	53	30:15.85
4.	117.	228	Moore, Lynn	63	35:30.74
5.	125.	144	Duvall, Kim	60	36:57.79
6.	126.	224	Magill, Tara	52	37:10.61
7.	129.	113	Bridgers, Carthy	63	37:26.76

2023 Fripp Island Fourth of July 5k

Age Group Results

Place	Overall	Bib	Name	Age	Time
8.	146.	185	Powers, Teresa	50	42:15.84
9.	153.	115	Burgner, Michell	57	45:29.63
10.	167.	103	Adams, Cathy	61	50:20.79
11.	168.	109	Bour, Melissa	53	50:40.92
12.	171.	154	Hill, Frances	50	52:28.32
13.	179.	280	Pitcher, Sheri	53	52:58.53
14.	180.	186	Rabah, Kelly	60	59:49.16
15.	181.	104	Aldrich, Kathy	56	59:51.03

Female 66+

1.	144.	148	Golden, Iris	78	40:59.25
----	------	-----	--------------	----	----------

Male 13 & Under

1.	7.	249	Dye, Jackson	13	21:32.01
2.	14.	138	DiBendetto, Sam	9	22:48.56
3.	15.	248	Johnson, Carter	13	22:57.54
4.	34.	289	Finch, Landon	13	25:42.02
5.	62.	177	Monice, Henry	8	28:45.59
6.	98.	192	Sawyer, Julius	11	31:52.67
7.	115.	129	Cross, Jacob	10	35:14.33
8.	119.	227	Fouast, Theo	9	35:52.80
9.	132.	296	Samborn, Reagan	8	37:48.34
10.	142.	199	Thome, Collins	8	40:12.91
11.	150.	137	DiBendetto, Stephen	8	43:27.04
12.	173.	231	Guinn, Eli	4	52:30.29

Male 14-19

1.	2.	141	Difranco, Michael	17	16:41.57
2.	12.	128	Cross, Andrew	17	22:45.23
3.	18.	243	Rogers, Nolan	16	23:11.50
4.	33.	290	Sawyer, Kellett	15	25:30.54
5.	56.	218	VanValkenburgh, Jonathan	19	27:45.17
6.	136.	253	Difranco, Jonah	15	38:38.52

Male 20-34

1.	3.	213	Valerio, Michael	31	18:38.36
2.	8.	157	Holland, Lewis	30	21:50.22
3.	20.	287	Hollingsworth, Bryce	21	23:21.82
4.	23.	155	Hilman, Bridger	27	24:37.81
5.	30.	220	Watson, James	31	25:14.70
6.	48.	171	Marcie, Nick	31	27:15.19
7.	49.	237	Evans, Zach	28	27:15.31
8.	50.	299	Moats, Chandler	30	27:28.11
9.	51.	300	Lawson, Sam	23	27:28.15
10.	65.	195	Sikes, Hayden	30	29:23.61
11.	69.	252	Fender, Ben	32	29:27.31
12.	81.	239	Willis, Christopher	31	30:04.46
13.	89.	187	Reese, Hunter	31	30:55.55
14.	90.	132	DiBendetto, Gus	30	31:00.73

2023 Fripp Island Fourth of July 5k

Age Group Results

Place	Overall	Bib	Name	Age	Time
15.	102.	108	Bianchi, Jordan	30	32:49.89
16.	105.	241	Himan, Cooper	20	32:51.80
17.	110.	283	Stevens, Ryan	30	34:00.71
18.	111.	281	Maple, Morgan	28	34:00.93
19.	134.	240	Simpson, Jonathan	34	38:10.21
20.	137.	211	Turregano, John	30	38:46.37
21.	158.	133	DiBenedetto, Robert	31	46:53.60
22.	163.	184	Odrich, Jeremy	22	49:17.44
23.	169.	160	Hyde, Chandler	23	50:48.66

Male 35-49

1.	4.	149	Guillory, Patrick	38	20:13.43
2.	9.	142	Dunst, William	40	21:52.80
3.	10.	297	Yoo, Ed	36	21:56.50
4.	13.	265	King, Jeff	40	22:46.29
5.	19.	125	Cross, John	40	23:12.42
6.	21.	170	Lina, Jason	47	23:28.05
7.	22.	260	Way, Jake	47	24:09.98
8.	24.	270	Edwards, Hunter	39	24:38.20
9.	26.	267	Dukes, Austin	37	24:49.90
10.	28.	158	Horton, Nick	44	25:07.90
11.	31.	264	Pierre, Darren	41	25:14.81
12.	36.	234	Williams, Bret	40	25:50.53
13.	38.	200	Traughber, Joey	39	25:59.79
14.	44.	121	Cotter, Ed	45	26:50.72
15.	55.	164	Kasak, Zac	36	27:44.09
16.	58.	117	Byrd, Kristoff	45	27:56.11
17.	76.	167	Lensing, David	41	29:39.99
18.	87.	250	Thompson, MacGregor	36	30:23.30
19.	99.	191	Sawyer, Noah	44	31:53.16
20.	107.	233	Davis, Dan	46	33:40.30
21.	108.	263	Auman, Matt	42	33:55.58
22.	109.	266	Elam, Mike	38	33:56.10
23.	116.	126	Cross, Kevin	42	35:14.57
24.	148.	292	Lanter, Jesse	43	42:26.34
25.	157.	295	Samborn, Nathan	41	46:12.91
26.	159.	116	Byrd, Devin	38	47:10.76

Male 50-65

1.	32.	272	Campbell, Michael	52	25:24.49
2.	42.	232	Sward, Jesse	51	26:27.24
3.	63.	175	Miller, Keen	61	29:01.60
4.	70.	223	Magill, Charlie	53	29:29.49
5.	71.	153	Hill, James	56	29:31.01
6.	72.	212	Underwood, Joe	65	29:35.02
7.	88.	216	VanValkenburgh, Curt	52	30:50.19
8.	100.	106	Baker, Todd	56	32:44.68
9.	106.	163	Johnston, Jason	55	33:02.49

2023 Fripp Island Fourth of July 5k

Age Group Results

Place	Overall	Bib	Name	Age	Time
10.	138.	210	Turregano, Clemson	61	38:46.38
11.	162.	114	Burgner, David	53	48:26.88
12.	165.	101	Adams, Gemmy	59	49:24.61
13.	177.	194	Schwenning, Ken	52	52:51.43
14.	178.	284	Hollingsworth, Craig	50	52:57.92

Male 66+

1.	37.	214	Valerio, Paul	66	25:54.87
2.	85.	162	Jackson, Glenn	66	30:17.37
3.	101.	147	Golden, Frank	79	32:47.61
4.	174.	118	Byrd, Chuck	77	52:31.25

Number of records: 179