

Individual Athlete - Stand Up Paddleboard

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	JEREMY WHITTED		RUNNER	48	01:26:41.99	08:15	7.3mph	M	0	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:54:13.471	09:02	6.6mph	00:54:13.471	
					4.5 Mile Run	00:32:28.520	07:13	8.3mph	01:26:41.991	
2	MICHAEL CASTELVECCHI	GREENVILLE, SC	RUNNER	37	01:33:42.65	08:55	6.7mph	M	34	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:56:06.080	09:21	6.4mph	00:56:06.080	
					4.5 Mile Run	00:37:36.573	08:21	7.2mph	01:33:42.653	
3	MITCH CHERRY		RUNNER	49	01:41:31.01	09:40	6.2mph	M	0	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:54:51.430	09:08	6.6mph	00:54:51.430	
					4.5 Mile Run	00:46:39.588	10:22	5.8mph	01:41:31.018	
4	EVAN KANE	LADYS ISLAND, SC	RUNNER	33	01:41:46.40	09:41	6.2mph	M	34	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:05:12.784	10:52	5.5mph	01:05:12.784	
					4.5 Mile Run	00:36:33.616	08:07	7.4mph	01:41:46.400	
5	DAVID JEFFCOAT	HUGER, SC	RUNNER	36	01:43:03.56	09:48	6.1mph	M	50	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:01:32.774	10:15	5.8mph	01:01:32.774	
					4.5 Mile Run	00:41:30.788	09:13	6.5mph	01:43:03.562	
6	MICHAEL WEIDMAN	CRESTWOOD, KY	RUNNER	31	01:43:40.25	09:52	6.1mph	M	51	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:03:37.903	10:36	5.7mph	01:03:37.903	
					4.5 Mile Run	00:40:02.351	08:53	6.7mph	01:43:40.254	
7	BRETT BROWN	SCHERERVILLE, IN	RUNNER	34	02:12:42.12	12:38	4.7mph	M	20	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:17:27.906	12:54	4.6mph	01:17:27.906	
					4.5 Mile Run	00:55:14.215	12:16	4.9mph	02:12:42.121	
8	DAN KOEHLER	LADYS ISLAND, SC	RUNNER	32	02:25:07.09	13:49	4.3mph	M	32	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:40:20.944	16:43	3.6mph	01:40:20.944	
					4.5 Mile Run	00:44:46.153	09:56	6.0mph	02:25:07.097	
9	BOBBIE SIMPSON	DEARING, GA	RUNNER	35	02:50:08.94	16:12	3.7mph	F	22	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:49:20.793	18:13	3.3mph	01:49:20.793	
					4.5 Mile Run	01:00:48.153	13:30	4.4mph	02:50:08.946	