

Individual Athlete - Kayak

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	JOHN WELLENS	LEXINGTON, SC	RUNNER	25	01:12:23.27	06:53	8.7mph	M	46	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:41:13.866	06:52	8.7mph	00:41:13.866	
					4.5 Mile Run	00:31:09.406	06:55	8.7mph	01:12:23.272	
2	JOHN BATSON		RUNNER	47	01:12:44.67	06:55	8.7mph	M	0	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:41:52.931	06:58	8.6mph	00:41:52.931	
					4.5 Mile Run	00:30:51.740	06:51	8.7mph	01:12:44.671	
3	ROBERT ANDERSON	GOOSE CREEK, SC	RUNNER	24	01:19:06.38	07:32	8.0mph	M	58	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:43:45.262	07:17	8.2mph	00:43:45.262	
					4.5 Mile Run	00:35:21.123	07:51	7.6mph	01:19:06.385	
4	BRAXTON CARTER	GASTONIA, NC	RUNNER	2	01:22:47.08	07:53	7.6mph	M	30	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:48:24.877	08:04	7.4mph	00:48:24.877	
					4.5 Mile Run	00:34:22.205	07:38	7.9mph	01:22:47.082	
5	KEVIN GREEN	BEAUFORT, SC	RUNNER	14	01:27:03.49	08:17	7.2mph	M	48	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:51:27.400	08:34	7.0mph	00:51:27.400	
					4.5 Mile Run	00:35:36.093	07:54	7.6mph	01:27:03.493	
6	PETE CHAPLIN	ORANGEBURG, SC	RUNNER	23	01:28:36.60	08:26	7.1mph	M	58	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:46:06.927	07:41	7.8mph	00:46:06.927	
					4.5 Mile Run	00:42:29.678	09:26	6.4mph	01:28:36.605	
7	SCOTT MAHER	TYBEE ISLAND, GA	RUNNER	6	01:30:10.48	08:35	7.0mph	M	60	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:49:51.902	08:18	7.2mph	00:49:51.902	
					4.5 Mile Run	00:40:18.582	08:57	6.7mph	01:30:10.484	
8	MALCOM AMICK	CHAPIN, SC	RUNNER	16	01:32:10.92	08:46	6.8mph	M	40	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:53:02.213	08:50	6.8mph	00:53:02.213	
					4.5 Mile Run	00:39:08.716	08:41	6.9mph	01:32:10.929	
9	JACK CUNNINGHAM	LADYS ISLAND, SC	RUNNER	10	01:35:29.32	09:05	6.6mph	M	64	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:52:32.265	08:45	6.9mph	00:52:32.265	
					4.5 Mile Run	00:42:57.064	09:32	6.3mph	01:35:29.329	
10	RIDDICK PROVEAUX	CHARLESTON, SC	RUNNER	5	01:37:03.54	09:14	6.5mph	M	28	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:00:47.594	10:07	5.9mph	01:00:47.594	
					4.5 Mile Run	00:36:15.955	08:03	7.4mph	01:37:03.549	
11	MIKE MERROW	PORT ROYAL, SC	RUNNER	17	01:39:38.12	09:29	6.3mph	M	29	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:05:02.915	10:50	5.5mph	01:05:02.915	
					4.5 Mile Run	00:34:35.211	07:41	7.8mph	01:39:38.126	
12	PAUL HIRN	LOUISVILLE, KY	RUNNER	21	01:39:42.40	09:29	6.3mph	M	50	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:58:01.459	09:40	6.2mph	00:58:01.459	
					4.5 Mile Run	00:41:40.946	09:15	6.5mph	01:39:42.405	
13	CHAD MORRIS	NEWBERRY, SC	RUNNER	22	01:43:09.81	09:49	6.1mph	M	47	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	00:52:58.895	08:49	6.8mph	00:52:58.895	
					4.5 Mile Run	00:50:10.924	11:09	5.4mph	01:43:09.819	
14	ZACHARY MIXSON	BEAUFORT, SC	RUNNER	19	01:43:29.03	09:51	6.1mph	M	28	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:06:38.131	11:06	5.4mph	01:06:38.131	
					4.5 Mile Run	00:36:50.901	08:11	7.3mph	01:43:29.032	
15	THOMAS THOMPSON	GREENVILLE, SC	RUNNER	13	01:43:57.07	09:54	6.1mph	M	36	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cummulative</u>	
					6 Mile Paddle	01:05:57.627	10:59	5.5mph	01:05:57.627	
					4.5 Mile Run	00:37:59.447	08:26	7.1mph	01:43:57.074	

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16	FRED WILLIAMS	CHAPIN, SC	RUNNER	26	01:44:00.13	09:54	6.1mph	M	63	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	00:57:06.670	09:31	6.3mph		00:57:06.670
					4.5 Mile Run	00:46:53.469	10:25	5.8mph		01:44:00.139
17	BEN NEWCOMB	LADYS ISLAND, SC	RUNNER	29	01:45:13.95	10:01	6.0mph	M	35	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:07:50.518	11:18	5.3mph		01:07:50.518
					4.5 Mile Run	00:37:23.433	08:18	7.2mph		01:45:13.951
18	TAD BROAD	IRMO, SC	RUNNER	7	01:49:38.41	10:26	5.7mph	M	49	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:10:57.382	11:49	5.1mph		01:10:57.382
					4.5 Mile Run	00:38:41.034	08:35	7.0mph		01:49:38.416
19	SANDER JOHNSON	LAURENS, SC	RUNNER	12	01:50:41.54	10:32	5.7mph	M	61	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:12:21.788	12:03	5.0mph		01:12:21.788
					4.5 Mile Run	00:38:19.752	08:31	7.0mph		01:50:41.540
20	ERIC TALUS	BEAUFORT, SC	RUNNER	4	01:51:33.40	10:37	5.6mph	M	27	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:19:57.188	13:19	4.5mph		01:19:57.188
					4.5 Mile Run	00:31:36.213	07:01	8.5mph		01:51:33.401
21	TIMOTHY FLOYD	GREENVILLE, SC	RUNNER	27	01:52:55.31	10:45	5.6mph	M	34	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:11:57.457	11:59	5.0mph		01:11:57.457
					4.5 Mile Run	00:40:57.857	09:06	6.6mph		01:52:55.314
22	LESLIE CHAPLIN	ORANGEBURG, SC	RUNNER	20	01:55:46.49	11:01	5.4mph	F	52	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	00:54:02.469	09:00	6.7mph		00:54:02.469
					4.5 Mile Run	01:01:44.028	13:43	4.4mph		01:55:46.497
23	FRED KUHN	LADYS ISLAND, SC	RUNNER	11	01:57:41.88	11:12	5.4mph	M	62	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:11:03.600	11:50	5.1mph		01:11:03.600
					4.5 Mile Run	00:46:38.280	10:21	5.8mph		01:57:41.880
24	CAEL LEWIS	LADYS ISLAND, SC	RUNNER	18	02:02:12.73	11:38	5.2mph	M	49	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:12:20.652	12:03	5.0mph		01:12:20.652
					4.5 Mile Run	00:49:52.084	11:04	5.4mph		02:02:12.736
25	JAMES WILLIAMS	LADYS ISLAND, SC	RUNNER	15	02:04:26.14	11:51	5.1mph	M	74	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:02:29.563	10:24	5.8mph		01:02:29.563
					4.5 Mile Run	01:01:56.580	13:45	4.4mph		02:04:26.143
26	KATIE ZAPPE	HELLERTOWN, PA	RUNNER	30	02:07:17.05	12:07	4.9mph	F	34	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:23:26.104	13:54	4.3mph		01:23:26.104
					4.5 Mile Run	00:43:50.947	09:44	6.2mph		02:07:17.051
27	SUSAN TROGDON	BEAUFORT, SC	RUNNER	3	02:07:55.81	12:11	4.9mph	F	55	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:14:23.427	12:23	4.8mph		01:14:23.427
					4.5 Mile Run	00:53:32.387	11:53	5.0mph		02:07:55.814
28	AUDREY NOVICK	BEAUFORT, SC	RUNNER	9	02:09:48.17	12:21	4.9mph	F	30	
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cummulative</u>
					6 Mile Paddle	01:30:13.245	15:02	4.0mph		01:30:13.245
					4.5 Mile Run	00:39:34.932	08:47	6.8mph		02:09:48.177