



# April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:30pm Beaufort Middle School Bridge Run	2	3	4	5 7:00am BTC Waterfront Park Group Run
7		8 6:30pm Beaufort Middle School Track Night - 200's	9	10	11	12 7:00am BTC Spanish Moss Trail Group Run  Water Festival 5k 10K
14		15 6:30pm Beaufort Middle School Track Night - 400's	16	17	18	19 7:00am BTC Pluff Mudd - Port Royal Group Run  Red Shoe Run 5k
21		22 6:30pm Beaufort Middle School Track Night - 800's	23	24	25	26 7:00am BTC Grounded Running Group Run  Bubble Run 5k
28		29 6:30pm Beaufort Middle School Track Night - 1600's	30			

**EACH STEP TAKES ME CLOSER TO MY GOAL...**