



# June 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Beaufort Track Club Running Events Grouded Running Events Other Running Events in the area		1 7:00am BTC Waterfront Park Group Run 2
3		4 6:30pm Beaufort Middle School Track Night - 200's 5				8 7:00am BTC Spanish Moss Trail Group Run 9
10		11 6:30pm Beaufort Middle School Track Night - 400's 12				15 7:00am BTC Pluff Mudd Coffee Group Run 16
17		18 6:30pm Beaufort Middle School Track Night - 800's 19		20 6:00pm Yoga For Runners Limited space available RSVP required 21		22 7:00am BTC Grouded Running Group Run 23
24		25 6:30pm Beaufort Middle School Track Night - 1600's 26				29 7:00am BTC Hunting Island Group Run 30

**EACH STEP TAKES ME CLOSER TO MY GOAL...**